

First Unitarian Church

Steepletalk

First Unitarian Church

A Member Congregation of the Unitarian
Universalist Association

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October 2012

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 Earl Reynolds, Building Supervisor
 Claudia Runge, President, Board of Trustees, president@firstulou.org

Celebrations of Life Sunday Services begin at 11:00am

- October 7** *"The Banality of Heroism"*
 Speakers: Trish and Del Ramey
- October 14** *"Aspects of Repentance"*
 Speaker: Derby City Brass Band
- October 21** *"Babble"*
 Speaker: The Rev. Dawn Cooley, Stefan Gearhart, and others
A multigenerational service that is a riff off the "Tower of Babel" story in the Bible. This "Play as Worship" addresses what happens when our ambition and greed overshadow our common purpose, and the costs of seeking results over relationships.
- October 28** *"Us -vs- Them"*
 Speaker Dawn Cooley

Exploration Hour Opportunities for Adults 9:15-10:30

Room	Oct. 7	Oct. 14	Oct. 21	Oct. 28
101	Paganism	Paganism	Non-theism	Bible Study
103	<i>Journey of the Universe</i>	Sunday Morning Books	<i>Journey of the Universe</i>	<i>Journey of the Universe</i>
205		Creative Arts		Creative Arts

206 Meditation Available weekly
 214 UU Parenting meets weekly
 Social Hall Coffee and Current Events meets weekly

See pages 8-9 for more detailed information.

One of the often overlooked aspects of ministry is that I supervise the paid staff here at First Unitarian. Often overlooked, perhaps, but very important to the health and wellbeing of the congregation! We have weekly staff meetings which half the staff attends, I do annual performance reviews for the professional staff, and help orient and guide them to fulfill their job descriptions.

Normally, this does not take a *large* chunk of time. Normally. This has not been a normal fall! For a long time, the staff at First U has been quite stable. But all things must end eventually.

This fall we have said goodbye to Phillip Morgan (Music Director/Accompanist), Rebecca Dimon (Office Admin) and Edward Adamson (Director of Religious Education).

Along with those goodbyes come some hellos! The Personnel Committee has worked extra hard to bring in folks who will not only do the work, but will hopefully come to appreciate this congregation and the unique environment it offers. If you haven't already, I urge you to get to know them!

John Combs is our new Accompanist. He came to us on recommendation from Phillip, who knows him from Cardinal Singers and because John is also a music school student at the University of Louisville. John is familiar with a diverse array of music and has handled his first weeks with us with grace and flexibility.

Linette Lowe is a familiar face at First U and has just recently become our new Acting Director of Religious Education. If you need to talk to Linette, please ask her which "hat" she is wearing: member or DRE.

Barbara Creasy is our new Office Administrator. She has experience as a church secretary and was a Middle School teacher for many years. She is still getting her office hours worked out, but can be found here generally between 10-2, Monday through Friday.

Vantreasea ("Van") Jones is our new custodian. If you noticed how much cleaner the building is starting to look, it is due to her diligent efforts. Van loves music and is looking forward to getting to know the folks here at First U.

Amy Travis is our new Choir Director. Amy comes to us by way of Lynchburg, VA, where she grew up – AND where she was the Music Director! She is now in seminary at Louisville Presbyterian Seminary. She is accompanied by her daughter Aurora and mother Jan.

Thankfully, not *all* our staff has transitioned. **Earl Reynolds**, our Building Supervisor, was recently sent home after a stint in the hospital. We hope to begin seeing him around church sometime this month. We also are grateful for the diligent work of **Vanessa Richmond**, our Childcare Coordinator, and **Shelia Ealom** and **Pandora Davis**, our childcare providers.

These are your First Unitarian Church paid staff. Hopefully for a while!

Board Bites

Claudia Runge

Board members: Roger Bradshaw, Bev Daly, Geneva Fry, Claudia Runge, John Scruton, Pat Triplett, Carol Uebelhoer, Kay Woodworth

The Board meets on the 3rd Tuesday of the month; a few days before the meeting, the agenda can be found on First U's website at firstulou.org. You must sign in with a user ID and password to access the agenda. Board meeting minutes are placed on the website after they have been approved at the following meeting. You can also read Board minutes at the Board/Ministry Council bulletin board on a kiosk in the social hall.

At the September 18 meeting, a **Congregational Meeting date** was approved for **Monday, November 19, 7-8 p.m.** Please mark your calendar and plan to attend. You will receive further communication about this meeting in the near future. A task team has recommended steps for refining the membership rolls of the church; the Board has joined in the effort to complete this action. A Stewardship Committee update revealed that current pledges total \$168,533, from 102 pledges. This amount reflects the generosity of our pledgers: an average of \$1,658.00 per pledge unit.

...and service is its law.

Notes from the Ministries

MISSION AND OUTREACH MINISTRY

Last spring, the Immigrant and Refugee Justice Team of Mission and Outreach took on co-sponsorship (with Thomas Jefferson Unitarian Church) of a ten person refugee family originally from Burundi. The congregation rallied to requests for assistance, and with all of that enthusiasm and energy we were able to furnish and supply two apartments (including providing an excellent washer/drawer set), to assist the family members with all of their resettlement needs, AND -- most importantly -- to befriend and learn from mom Esperance and the nine of her children who survived the Hutu-Tutsi violence in their homeland.

Now that our official work with these wonderful folks is winding up, M&O is able to report that this rewarding project has been an unqualified success: All four adult children have full time employment and several are looking at college. All five minor children have enjoyed summer tutoring and various outings, and they are doing well in school.

Esperance's English is improving by leaps and bounds, and she has become a hit at the apartment complex where she gives informal sewing lessons to some of the other residents (using the nice new sewing machine our congregation obtained for her). M&O (as well as Kentucky Refugee Ministries) extends its heartfelt thanks to all who participated in making this a positive and successful venture. Way to go, Uus!

So what is on the M&O horizon now? We are gathering names of those interested in serving as delegates and/or planning events in conjunction with the 2013 Louisville General Assembly. We are staffing an information table at Sullivan University's Religious Diversity Day (October 9). We have some exciting Partner Church events in the works. We will be making a big push for congregational participation in the October 14 AIDS walk (and, by the way, have you noticed our AIDS/HIV information section in each Sunday's FYI?). We will be raising funds and awareness for the New Life Orphanage in Uganda. We will begin education and action regarding Reproductive Justice. And, of course, all the while we continue to work with the

other two congregations (through the Unitarian Universalist Social Justice Network), and to support HELP Ministry and the UUA efforts to raise awareness of immigration issues.

Does one of these projects especially resonate with you? Contact Jo Ann Dale or Kathy Gapsis for more information, and don't forget to come to the Mission and Outreach Fair, during Intermission on October 21. Together, we are strong and effective!

PARTNER CHURCH UPDATE

Please start to bring in old or unused jewelry for our ever-growing Jewelry sale. There is a box on the counter in the Volunteer area for common pieces. We are so lucky to have Joe Kremer, a jewelry expert, to help us when we get pieces that might have more value. If you have any gold or silver pieces you would like evaluated, contact Carol Findling, cnfindling@gmail.com. Also, bring in any scarves that you no longer use or don't like. There also is a box for these. We have lots of baskets and we also plan to sell some of them.

The proceeds from this sale go our Partner Church in Nagyenyed, Transylvania, Romania. Our church was one of the earlier ones to join in this program, which required a Congregational vote. The program began in 1990, shortly after the fall of the Iron Curtain. The Unitarian Church of Transylvania has about 60,000 ethnically Hungarian people in 144 parishes.

Many things have changed in the past 20 years, but other things have not. The communities were mostly rural; our partner is in a small city. Nonetheless, they still must grow much of their own food and barter is a common means of obtaining needed materials. They have a different concept of their communities than most Americans. We can learn a lot from them, especially with the turmoil and cultural clashes going on around the world today.

If you think that our partners are just a charity, I encourage you to become more involved. You may gain a much deeper understanding of how people in other countries and cultures live and how they practice our Unitarian and Universalist faith. It is different, interesting and challenging.

Love is the spirit of this church...

WORSHIP MINISTRY

An opportunity to be trained by Dawn as a **Worship Associate** is coming up on Saturday, **October, 20**. You may not see a lot of the Worship Associates, but Dawn views them as a key contributor in creating a meaningful service! She relies on their input in service planning and their help every Sunday morning, No matter who you are, how long you have been coming to the church, or how old you are, we invite you attend the WA training. It will take place in the Library on Oct. 20, from 9am to 3pm. A delicious lunch prepared by Worship Ministry co-chair Jane Martin-Buckley will be served. To sign up or for more information, contact the other co-chair Trish Ramey (tramey@alum.bu.edu) or call [774-270-0006](tel:774-270-0006).

RESOURCE MINISTRY

If you have any questions or thoughts about this Ministry, please contact Kathy Drehmel or Michelle Pierce by leaving us a note in the Resources mailbox, speaking to us in person, or by writing to Resourcesministry@firstulou.org.

CHRISTMAS EVE VESPERS SERVICE

The Christmas decorations will be up in the stores soon, and you know what that means! Time to start planning our Christmas Eve Vespers service! If you would like to participate in this years service (5:00pm on Dec. 24) as musician, actor, costumer, or anything else, please let Rev. Dawn know by Oct. 31. [502-585-5110](tel:502-585-5110) or email minister@firstulou.org.

Green Scene

Green Infrastructure

Carol Findling

GREEN INFRASTRUCTURE

by Tonya Stevens

“Green infrastructure” is a term that was coined in the United States in the 1990s to underscore the difference between it and our conventional “gray infrastructure,” that is, the buildings, roads, and facilities that allow us to operate a modern society. “Green infrastructure” (GI) is made up of systems that mimic natural processes in order to infiltrate, evaporate, and/or reuse stormwater. GI uses soils, topography, and vegetation in a way that minimizes human impact and attempts to maintain predevelopment hydrology and water quality.

This past week, Watershed Watch in Kentucky (WWKY), River Network, and the Natural Resources Defense Council hosted a full day conference on Thursday at the University of Louisville called “Advancing Green Infrastructure in Louisville.”

Gordon Garner, former head of MSD and former member of First Unitarian, chaired the conference and introduced Mayor Greg Fisher, who started the day by exhorting participants at the conference to get aggressively involved in bringing GI to Louisville. Speakers from the Louisville area and beyond gave us sterling examples of GI including downtown green roofs, subsurface storage of stormwater runoff, pervious block parking mats (paving blocks

with spaces between to allow rain water to be absorbed instead of running into storm drains), and residential water management.

The afternoon session dealt mainly with perceived barriers to placing green infrastructure. It ended with a dynamic panel discussion moderated by Maria Koetter, Louisville Metro Director of Sustainability, during which the audience collaborated on a list of what they felt were the main impediments to GI, then the panel of planning and building representatives addressed these issues. It was generally agreed that education was the key to growing the GI movement, but that increased coordination and collaboration between various regulatory agencies and engineering firms was also vital. The current audit being carried out by the Louisville Metro Planning and Design Services of the Land Development Code was thought to be a good step towards identifying and purging unintended barriers in the code.

Anyone who would like to know more about strategies to help mitigate the water quality and quantity impacts of stormwater runoff and wet weather sewage overflows can check out the Watershed Watch in Kentucky website: www.wwky.org.

First U Happenings

CALENDARS WANTED

The Women's Alliance is collecting calendars to distribute to the clients at the Help Office. If you are receiving spare calendars in the mail that you don't want or need, please consider donating them to the WA for this worthwhile cause. There will be a box in the volunteer area for you to leave your extra calendars. Thanks from the Alliance and from the Help Office clients!"

BROWNBAGGERS LOVE TO "SHOW AND TELL" JOIN US!

On Monday, October 8, 2012 bring some item/items, personal treasures etc. to share with the group. We meet in the church library at about 11:40 AM to eat our lunches and visit, then we will speak about the items we have brought. This is one of the most popular programs we have - always fun, entertaining and informative!

PUTTING YOUR AFFAIRS IN ORDER: THE MEMORIAL SERVICE AND BEYOND

We all know the wisdom of planning ahead for end of life issues: We know we can lift the burden that practical questions add to difficult emotional times; we can easily record information that may not be at our family's fingertips; we can start the conversations that remove doubt about what the loved one's wishes might be. The stumbling block we often encounter is how to begin. First Unitarian now has available a planning booklet that can help: *"Putting Your Affairs in Order: The Memorial Service and Beyond."* Don't wait for an urgent need. Don't make a difficult time even harder by putting off necessary conversations. Look for the advance planning booklet in the volunteer area, or ask Rev. Cooley. Your family will thank you



Jewelry, Scarf and
Basket Sale!
Sunday, November 18
After Church

"EXTRA...EXTRA!! KROGER'S GIVES FIRST UNITARIAN CHURCH FREE MONEY!"

(There is a catch though)

Every time you load money on your First U Kroger gift card Kroger's gives the church a 4% "fee" without charging you anything - FREE MONEY FOR THE CHURCH - If you don't have a First U Kroger gift card yet see Gary Drehmel after church to get with the program.



ANNUAL SERVICE AUCTION SUNDAY, NOVEMBER 11

Don't miss this fun fund-raiser! Ask your employer and/or favorite business to donate gift certificates or items. Make a donation! Just about any talent, skill, or object you have will be valued by someone at church. **Make donations by November 9.** Be here to bid on Nov. 11! Enjoy good food, good company, and a good time bidding on dinners, services, art, home items, gift certificates, and much more. We have items in all price ranges. Stay for the entire evening, and at the end, your name may be drawn to win \$100! The drawing is open to everyone, young and old.

To make a donation, or for more information, contact Tiffany or Doug Taylor (949-0411) or

tiffany.taylor@insightbb.com
douglas.taylor@insightbb.com

See you November 11!

BOOK CLUB

The Book Club meets in the Parlor at 6:00 pm on the second Monday of each month. In October 15th, they will be discussing, *"An Arsonist's Guide to Writers' Homes in New England"* by Brock Clarke.

Interweave

"Interweave Continental is a membership organization actively working toward ending oppression based on sexual orientation and gender identity, recognizing that we will not be free until all oppression is a thing of the past."

There won't be an October meeting. Instead, participate in the Commitments: By voting to become a Welcoming Congregation, First Unitarian Church agreed to the "Commitments" listed in The Welcoming Congregation Handbook. Commitment #3 states: "An understanding of the experience of bisexual, gay, lesbian, and/or transgender persons will be fully incorporated throughout all programs, including religious education."

REFLECTION: Did I take an action this month to promote civil rights and full inclusion for bisexual, gay, lesbian, and/or transgender people?

Join us October 14th at Waterfront Park for the
2012 Louisville AIDS Walk and Pet Walk!

The Louisville AIDS Walk heightens awareness of HIV/AIDS, unites the community and raises money to address the needs of local people who are living with it. 100% of the Walk's proceeds are distributed to multiple local, non-profit HIV/AIDS service associations which provide critical direct services such as food, housing, medication assistance, counseling, legal assistance, transportation to and from medical appointments, life-skills workshops, a monthly fellowship dinner, children's programs and more.

First Unitarian Church has a team! Sign up to be a part of our team or get more information at www.louisvilleaidswalk.kintera.org Join us! Entertainment from 1-3. Walk kicks off with a ribbon cutting ceremony at 3 pm. If you have a Standing on the Side of Love or a Unitarian Universalist t-shirt, wear it so we can be represented.

Bring the kids! There will be costumed characters, face painting, cotton candy, inflatables, and more fun activities for the kids. Your pets are welcome as well! **The Pet Walk** is a great way to get involved with Louisville AIDS Walk and have fun with your other family member. Your pet can enjoy the outdoors; you have fun while raising funds for a worthwhile cause. We'll have a special check-in area at the Pet Registration Booth on the day of the Walk and there will be special water stations and shaded areas along the route for your pets too.

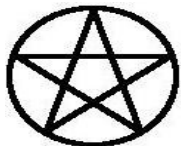
We look forward to seeing you at the Walk and hope that you can help us reach our fundraising goal. Together we can build *A Bridge of Hope* for our neighbors who are living with HIV/AIDS. Tax deductible contributions to the Louisville AIDS Walk are investments in caring.

ADVOCACY Meanwhile in Indiana... Newlyweds Offer Gay Couples First Dance at Wedding

A pair of newlyweds in Indianapolis, Indiana, called attention to marriage inequality on the day of their own legally recognized wedding by reserving the first dance for same-sex couples. When it came time for the couple's traditional first dance, Ball read a statement explaining that they wanted to offer the privilege of the first dance to their LGBT attendees who are still legally denied the right to marry.

For more information or questions about Interweave, please contact Interweave co-chairs Lori Martin (interweave@firsttulou.org) or Clare Zigner, or leave a message in the Interweave mailbox in the volunteer area.

First Unitarian of Louisville Covenant of UU Pagans



*Now in the Darkening of the year, the veil between the worlds draws thin
And those gone on ahead draw near, like a Harvest gathered in
In the hours of quiet remembrance, the waning season brings
We may feel their whispered presence, like the brush of gentle wings.*



Please join CUUPs as we celebrate Samhain on Sunday, October 21, 2012.

Samhain means, "End of Summer" and is the third and final Harvest.

The Dark half of the year commences on this Sabbat. It is a magical interval when the mundane laws of time and space are temporarily suspended, and the Thin Veil between the worlds is lifted. It is said that communicating with ancestors and departed loved ones is easy at this time, for they journey through this world on Samhain.

Our Sabbat Celebrations are on Sunday night. The doors open at 5:30 pm and the Circle starts at 6 pm. A potluck dinner will follow around 7 pm.

The Covenant of UU Pagans of First Unitarian Universalist Church or CUUPs offer Sabbat Celebrations and classes in topics relating to earth-based traditions or nature spirituality. It is a free and open community of people who practice earth-based spiritualities. Our classes are a blend of lecture and discussion with seekers, those new to the path and experienced practitioners in attendance. We meet the first and third Wednesday of each month. Our classes start at 7 pm and last until about 8:30 pm. Our upcoming classes are on: October 3, 17, and November 7. There will be **no class** on Wednesday November 21. The upcoming classes include a variety of topics including The Wiccan Rede: Ethics and a Mahickal Life, The Elements and the Basics of Magick and many other topics. **There is no charge for Circle Celebrations or classes.**

If you need additional information, please email us at cuups@firstulou.org

Religious Exploration

A Note from Edward Adamson

There's something about some good-byes that are a bit unsettling. When times have been productive and friendships have been forged, it's doubly difficult to part ways. But there comes a time when good-byes are necessary. Such is the case with my tenure as Director of Religious Education at First Unitarian Church.

This opportunity came along at a time when I needed a community given to healing and acceptance. It came at a time in my life when I needed to have my gifts and talents affirmed. This was more than a job and it happened when I both wanted and needed a place to serve in the capacity for which I had been trained and to which I felt a certain calling. I will always be grateful for First Unitarian and my sojourn among you. Thank you for asking me to walk among you for a time.

I hope that I am leaving a positive footprint. It has been my desire to make a difference both in individual lives as well as in a community of seekers. Whether or not I have achieved any of these things, I know that First U has made a difference in my life. I have learned things about myself, grown as an educator and known a kind of community that enriched my circle of experience.

Remember that I have always believed in what First U does and stands for. There is a larger community just outside the doors of the church, people you meet and with whom you come into contact, neighbors, family and friends out there who NEED to know that there is a place where they are accepted and where their searches are appreciated, recognized and honored. First U has so much to offer and I close my time by encouraging each and every one of the members of the church family to share that good news.

So, indeed, this is a good-bye of sorts. However, I suppose one never really says farewell to those that are now and will always be kept close in the heart. For, no matter where I go, my days at First U will be ones that will be treasured, honored and remembered as a divine appointment I am glad to have kept.

Love is the spirit of this church...



Happy Fall, Everyone! I am very excited to begin a new journey with you as your acting DRE. I am looking forward to working with the Religious Exploration Ministry, our wonderful RE teachers, all those participating in RE, and those who make RE possible (that's our whole church community!). Our new dedicated RE format opens limitless opportunities for exploration to us, and I can't wait to explore some of them with you. Please feel free to contact me at dre@firstulou.org or by phone at (502) 489-4972 with any questions or suggestions you might have. I look forward to working with you!

Adult RE Programming

Sundays, 9:15-10:30

Adult Religious Exploration. Participants engage in their own faith development and contribute to that of others who are present. Nursery care is available for infants.

UU Parenting

UU Parenting (fall semester). The group will select topics from the blog of UU Religious Educator and author Michelle Richards (blogs.uuworld.org/parenting), such as "Why UU parents should help their children pray" or "Helping children understand white lies." Carol Uebelhoer and Lisa Mascio-Thompson, leaders. (room 214)

Theologies

Theologies. Rotating weekly, theologies classes will explore different faith paths from a Unitarian Universalist perspective. All classes are open to any and all of faith and non-faith traditions, believers and non-believers. (room 101)

Oct 7: Paganism:V(ery) I.(mportant) P.(agans) You Should Know. Learn about some historical and some modern pagans who have both changed and shaped paganism as it's known today and their surrounding world.

Oct 14: Paganism: Death and Dying. Schedule change, October only. As we approach the holiday of Halloween, learn what this holiday means to pagans. We will study a general pagan graveside service. If you have a memento of someone who has passed over within these past few years, bring it. We will be building an ofrenda.

Oct 21: Religion for the Non-Theist. Schedule change, October only. This session will focus on "Religious Non-Theism" as contrasted with "Secular Non-Theism."What is the value and meaning of religion for the non-theist? Jo Ann Dale, leader.

Oct 28: Liberations & Institutions (Exodus to 2 Kings). Examine historical, literary and textual critiques in an effort to understand what these sections meant to those who wrote and heard them, and what they might say to us today. The Rev. Dawn Cooley, leader.

Round Table

Round Table: "The Journey of the Universe" thru November. View the award winning documentary by Brian Thomas Swimme & Mary Evelyn Tucker. Follow-up sessions will each explore a different chapter. Facilitated by Mark Steiner of Cultivating Connections (journeyoftheuniverse.org). First, third, and fourth Sundays. Kris Barski, program planner. (room 103)

- Oct 7** **Birth of the Solar System**
- Oct 21** **Life's Emergence**
- Oct 28** **Learning, Living and Dying**

Sunday Morning Books

Sunday Morning Books. Selections focus on science, environment, theology, leadership, history, politics and their connection to Unitarian Universalism and to the life of First Unitarian Church. Second Sundays; Jill Sampson and Kathy Rogers, facilitators. (room 103)

Oct. 14 *Wounds Not Healed by Time: The Power of Repentance and Forgiveness*, by Solomon Schimmel. Additional books are listed on firstulou.org/books

Creative Arts

Creative Arts. Explore the art of creativity through improvisation, theatre, and mime. Gaining both basic creative skills as well as liberal and social minded experiences. Second and fourth Sundays. Stefan Gearhart, leader. (room 205)

Oct 14: Object Work Through Guided Meditation. Take a trip through your own mind as you are guided to touch, feel, smell, and taste imaginary objects as well as visiting a garden of the self.

Oct 28: Play Read Through. Just in time for the Election. Reading through and reciting the parts out loud from the play, *Waiting For Lefty* by Clifford Odets.

Coffee & Current Events

Coffee & Current Events. This group meets in the social hall each week with no formal curriculum for conversation about current events as informed by UUA principles and faith. (in the Social Hall)

Meditation Room

Meditation Room. Quiet space has been designated for silent reflection, prayer, or meditation. A number of meditation aids are available. (in room 206)

Coming in the Spring

Coming This Spring! Our Whole Lives Sexuality Education for Adults (spring semester). Clarify values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality. Carol Uebelhoer, leader

More Information The First Unitarian website will be updated with additional information about the curricula described above. To learn more, visit firstulou.org or contact Linette Lowe. Acting Director of Religious Exploration.

Ministry Theme for October: Repentance

This year, the Jewish High Holidays were last month but it is this month of October that we at First Unitarian turn to them for inspiration in our ministry theme.

Repentance in Judaism known as teshuva (Hebrew: תשובה, literally "return"). Teshuva is actually a process of self-evaluation and self-improvement. There are four primary steps to the teshuva (repentance) process:

1. Recognize and discontinue the improper action.
2. Verbally confess the action, thus giving the action a concrete form in your own mind.
3. Regret the action. Evaluate the negative impact this action may have had on yourself or on others.
4. Determine never to repeat the action. Picture a better way to handle it. There are two different types of transgressions: those between a person and God and those between one person and another.

However, when one has caused harm to others, whether by stealing from them, embarrassing them or anything else, then teshuva additionally requires that restitution and reconciliation be arranged between the parties involved.

Reflection Questions:

- What does repentance mean to you?
- What part(s) of repentance do you think people struggle with most?
- How easy or difficult is it for you to seek repentance?
- Was there a time in your life that seeking repentance was of particular importance? How was that process for you?
- What types of emotions result when a broken relationship is restored? Why is it often so difficult to restore a broken relationship?
- What kinds of things can cause our relationship with the Spirit of Life to be broken? How do we restore our relationship with the Sacred?

One More Announcement!!! COVENANT GROUPS

If you have not signed up for a Covenant Group, it is not too late to get in before the first meeting. Our Wednesday Evening group, which meets on the first Wednesday of each month, from 6:30-8:30 in particular is looking for some additional people to help round out the group. The first meeting will be *next Wednesday, October 3*. If you are interested in joining the Wednesday group (or any of the others), please contact Rev. Dawn at minister@firstulou.org or [502-585-5110](tel:502-585-5110) at your earliest convenience!

STEEPLETALK

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